

HOW TO ADJUST YOUR SPRINT CHAIR

**FIXED-HEIGHT
ARMRESTS**
Optional and
removable.

RIGHT LEVER
**SEAT/BACK
TILT**

Pull the lever
outward to release
the seat/back tilt.

Push the lever in to fix
the seat/back position.



**CENTRE
FRONT KNOB**

TILT TENSION ADJUSTMENT

Turn left to increase
seat tilt tension.

Turn right to loosen
seat tilt tension.

RIGHT LEVER
**GASLIFT
SEAT HEIGHT**

When sitting, press lever
down to lower the gaslift.

Take your weight off the seat
and press lever down to raise
the gaslift.

EDEN

SPRINT

Keep this for
later reference



5YR

5-YEAR
WARRANTY

140KG

RECOMMENDED
MAXIMUM
USER WEIGHT



GREENGUARD
GOLD CERTIFIED*

*Product Certified for Low Chemical
Emissions: UL.com/GG UL2818

SEATING POSTURE

We recommend computer users adopt an open-angle sitting position, with knees slightly lower than hips.

Always sit near the back of your seat.

Adjust the tilt tension so that when the synchro tilt is released the chair supports your weight in an upright seated position but allows you to lean back easily if you choose.

Sit close to your workstation.

Your feet should be flat on the floor or on a footrest.

Keyboarding and mouse operation should be achieved comfortably without stretching.

WARRANTY

Sprint is warrantied for 5 years in normal commercial-use situations.

The recommended maximum user weight is 140kg.

Eden Office accept full responsibility for faulty workmanship and/or mechanical failure. Chair parts will be repaired or replaced free of charge within this period.

Repairs undertaken by any other party, or adjustment or tampering with mechanical parts, could void the warranty.

CHAIR CARE

The **mechanical parts** of your Sprint chair require little or no maintenance.

The **castors** should be kept clear of threads or other objects that would inhibit their movement.

The **gaslift** contains pressurised gas and should not be tampered with in any way.

Vacuum regularly. Protect from direct sunlight. Professional cleaning is recommended.

For spot cleaning: Wipe clean with a damp cloth, or shampoo using upholstery shampoo. A mild citrus cleaner may also be used.